



## LEARNING REFLECTION FORM FOR CPD / MOPS RECOGNITION OF LEARNING ACTIVITIES

<b>NAME</b>		<b>DATE</b>	
<b>DESCRIPTION OF ACTIVITY</b>			
<b>NUMBER OF HOURS<sup>1</sup></b>			
<b>WHY DID YOU CHOOSE THIS ACTIVITY (HOW DOES IT RELATE TO YOUR PDP LEARNING GOALS?)</b>			
<b>WHAT DID YOU LEARN?</b>			
<b>HOW WILL YOU IMPLEMENT THE NEW LEARNING INTO YOUR DAILY PRACTICE?</b>			
<b>DOES THIS LEARNING LEAD TO ANY FURTHER ACTIVITIES THAT YOU COULD UNDERTAKE (AUDIT ACTIVITIES, PEER DISCUSSIONS ETC.)</b>			

<sup>1</sup> Total hours should be entered as CME credits on the MOPS page under "CME reflected in PDP".