

You Are NOT Alone

We recognise how difficult it can be to seek help.

We know it takes courage to ask.

SERVICES OFFERED:

- 24 hour helpline, answered by an experienced nurse
- 24 hour forensic medical examinations
- Confidential medical assessment with clinic appointments available up to 3 days per week
- Counselling for victims and their families



Other Useful Numbers

Victim Support
0800 victim (0800 842 846)
Tauranga: 07 577 6660
Whakatane: 07 308 2330

Sexual Health Clinic
Tauranga: 07 579 8157
Whakatane: 07 306 0818

Mental Health Crisis Team
Tauranga: 07 577 6452 / 0800 800 508
Whakatane: 0800 774 545

Family Planning Clinic
Tauranga: 07 578 8539

POLICE
In Emergency Dial 111
Tauranga: 07 577 4300
Whakatane: 07 308 5531

Women's Refuge
Tauranga: 07 541 1911
Whakatane: 07 308 5531

Youthline (24 hr phone counselling)
0800 376 633

CYF
0508 326 459 or 0508 FAMILY

Bay of Plenty Sexual Assault Support Services (BOPSASS)



Hope for the Future

07 577 0512 | 0800 227 233

We are a team of dedicated doctors, nurses, and counsellors who are specifically trained in working with survivors of sexual assault.

We offer a free 24/7 service to the Bay of Plenty DHB area for children, adolescents and adults recently affected by sexual assault or abuse.

We have facilities and staff based in Tauranga and Whakatane.

What Do We Mean By 'Sexual Assault'?

A sexual assault is when someone has done something to you that you did not want to happen. This might include someone showing you pictures of people having sex, someone showing you their body or making them show you their body, someone touching your body or making you touch their body, or someone putting their fingers or their penis into your body.

***IF YOU DIDN'T WANT IT TO HAPPEN
THEN IT'S NEVER OK.***

We accept referrals from anyone. You can phone us yourself, or family, a friend, doctor, police, social worker, school counsellor, nurse, midwife or any person you choose can contact us on your behalf.

The 0800 number (**0800 227 233**) or cell phone (**027 470 7233**) will always be answered by one of our nurses, at any time of the day or night. The nurse will ask you a few questions to see how we can best help you.

For very recent assaults we can offer a medical examination at any time of the day or night, to ensure you have no injuries from the assault. If you choose to report the assault to the police we can take samples at the same time, for DNA.

For less recent assaults we offer medical examinations during the day.

Our service is free of charge.

We offer patients screening tests for pregnancy and sexually transmitted infections following an assault and can provide medicines to help prevent these. We will help arrange for you to see a counsellor to help with your recovery, and we can also offer counselling for your family members.

Whenever possible our service is confidential.

If you need to talk to someone about recent or historic sexual assault or abuse, you may be eligible for ACC-funded counselling.

We are able to assist you in finding a suitable counsellor in your area. The counsellor will:

- Support you through this difficult time
- Ensure your safety and well-being
- Tell you about different support options available to you
- Assist you to apply to ACC for more help if you need it.

You can also go to www.findsupport.co.nz to see other ACC counselling suppliers in your region.

Bay of Plenty Sexual Assault Support Services

PO Box 15592
7 Kauri Street, Tauranga

www.bopsass.org.nz

P. 07 577 0512 | 0800 227 233

Nurse Manager | nurse@bopsass.co.nz

General Manager | manager@bopsass.co.nz

Counselling Support | acc@bopsass.co.nz